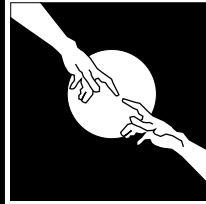


*Have Couch...  
Will Travel!*



## PSYCHOLOGICALLY SPEAKING

with Dr. Jack Singer

### **JACK WILL ABSOLUTELY FULFILL YOUR ATTENDEES' NEEDS TO:**

- **HAVE THEIR MINDS ENGAGED** by an expert, with powerful content delivered eloquently and in an exciting fashion, to rivet attention and retention.
- **LEARN PRACTICAL SKILLS**, so that their lives will be richly impacted.
- **BE INSPIRED** to put those skills to immediate use.
- **HAVE FUN** and LAUGH while they learn!

### **JACK WILL DEFINITELY PROVIDE AMAZING BENEFITS FOR THEM:**

- They'll be **THRILLED** to learn the seven surefire secrets for spectacular success over any stress.
- They'll be **EXCITED** to master the most powerful techniques ever developed for remaining resilient during changing and uncertain times.
- They'll be permanently **EMPOWERED** when they discover the exact formula for adding life to their years and years to their lives!

### **JACK'S UNWAVERING COMMITMENT IS TO MAKE A LASTING DIFFERENCE IN THE LIVES OF YOUR ATTENDEES!**

"You make a **huge difference** in so many lives!"  
- Angela Palmer, PA Coalition

"The most **enlightening** and **funniest** presentation ever."  
- Edwina Snow, AACP

"Dr. Jack is the **most powerful self improvement speaker** I have ever heard in my professional career."  
- Sarah Hunter Reed, Meritas Health

"Many **great nuggets of practical ideas.**"  
- Lynda Powers, Professor, Ulster College

"Jack's presentation is of **supreme value**, not to be missed."  
- Michele Burns, Air Resources Board

"Jack is a treasured joy to hear. **Electricity flows** from his mouth, spirit and heart!!"  
- Nancy Lyons, Lidgewood Hospital

Book Jack and you'll guarantee your attendees a spectacularly successful conference!

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**Dr. Jack Singer** provides powerful, cutting-edge motivational seminars, keynote speeches, workshops and training programs customized to meet the specific needs

of any audience. Because fun and humor rivet learning and retention, your attendees will always roar with laughter, while they learn Jack's proven prescriptions for shattering their self-limiting beliefs, unleashing their true potential and skyrocketing their success!

Dr. Jack Singer is a practicing Organizational, Clinical and Sport Psychologist, author, trainer and consultant. His credentials include a Doctorate in Industrial/Organizational Psychology, a Post-Doctorate in Clinical Psychology and a Diplomate from the American Academy of Behavioral Medicine.

He even worked as a comedic actor on the "Here's Lucy" show, with you-know-who! A member of the National Speakers Association, Jack has spent twenty-five years speaking for and consulting with Fortune 500 companies, athletes, professional associations and human resources professionals from Miami to Malaysia. His research and self-help articles appear in business, medical, human resources and sports journals across the United States.

**Jack appears frequently on CNN, MSNBC, FOX-SPORTS, and on radio talk shows across the U.S. and Canada. His innovative stress and resiliency programs have even been featured in USA-TODAY.**

## **MOST REQUESTED PROGRAMS**

MOTIVATION, PERSONAL GROWTH & INSPIRATION

### **"Powerful, Proactive Prescriptions to Prevent Hardening of the Attitudes"**

The key challenge in the 21st Century for supervisors, administrators, and HR professionals in all occupational capacities is **sustaining positive attitudes in their employees during challenging times**. In this energizing, entertaining and enlightening program, your attendees will learn how to:

- \* Recognize the specific thoughts that cause their attitudes at any time
- \* Shatter their self-limiting beliefs
- \* Re-program their internal dialogue to maintain healthy, optimistic attitudes regardless of the challenges they face
- \* Maintain ultimate health and happiness, on and off their jobs

### **"Awakening the Slumbering Giant Within You: How to Find and Unleash Your True Potential"**

Each of us uses a tiny fraction of our true abilities. There are vast, **untapped resources lying just below our awareness**, just waiting to be freed. In this powerful, interactive program, your attendees will discover:

- \* The secret for unleashing their true potential
- \* The simplicity and magical powers of self-hypnosis
- \* A potent goal-setting technique
- \* How to control and direct their untapped resources

HEALTH AND WELLNESS

### **"Remarkable Resiliency Skills for Changing Times: How to Absolutely Add Life to Your Years and Years to Your Life"**

Stress is such an overused term, yet examples of stress are with us constantly. Hundreds of billions of dollars are spent annually for medical insurance claims, workers compensation benefits, reduced productivity, poor product quality and drug and alcohol abuse. **Stress has even surpassed the common cold as the most prevalent health problem in America!** A must for all, this content-packed, fun program will teach your attendees:

- \* The exact origins of their stress
- \* How the powerful mind-body connection affects their own health
- \* The best friend your immune system has
- \* Seven surefire secrets for stress prevention

MOTIVATION, WORK SUCCESS & TEAMBUILDING

### **"JEST for the HEALTH of it: The FUNDamentals for Developing the Optimal Workplace"**

The ever-present changes we face in our workplaces, along with our "get it done now" attitude leads to much **frustration and dissatisfaction on the job**. From high absenteeism and low morale, to workplace violence, **job-related disenchantment is mounting**. This research-based, cutting edge program will teach your attendees:

- \* The most common sources of job-related stress and how to prevent them
- \* Strategies to regenerate spirit at work
- \* The magnificent impact of bringing fun to the workplace
- \* Ten simple strategies to lighten up any workplace

The goal for every meeting planner is to provide her/his audience with a speaker who will **permanently motivate and inspire them**. Your speaker must demonstrate prominent expertise and be able to communicate that expertise eloquently and in a fashion that rivets the audience's attention and retention. Dr. Jack Singer's unique, hilarious style guarantees **exactly what your audiences need**. Dr. Jack **"Has Couch...Will Travel!" Book Jack NOW and you'll guarantee your attendees a spectacularly successful conference!**